

# TEN COMMANDMENTS



*“If you love me, you will keep my commandments.” John 14:15*

## PURPOSE

To study how God tells us He wants to live in His ten commandments.

## LEARNING

1. List the 10 commandments below as found in Exodus 20.

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2. According to the badge theme verse (John 14:15), what must we do before we can keep God's commandments?

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3. According to Heidelberg Catechism Q&A 93, how are the commandments divided?

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What Bible verse(s) do we often hear on Sunday which pertains to the idea of how the commandments are divided or summarized?

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4. Faithful churches read the 10 commandments each Sunday for three main reasons. Read the reasons as listed below and write out the Bible passages listed for each to understand and apply each of the reasons.

a) The law shows us how to live in love for God. Our obedience flows from love, not a desire to earn our salvation.

- 1 John 5:3
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- John 14:21
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- ↳ The law shows us our sin and exposes what is already in our hearts.
    - Romans 3:20
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- Romans 7:7
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- ↳ The law drives us to Christ. Once we see our sin, we realize we cannot save ourselves and therefore we run to Christ.
    - Romans 8:3
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- Hebrews 10:1
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- Romans 7:24-25
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- 5. According to Heidelberg Catechism Question and Answer 115, no one in this life can keep the ten commandments perfectly. Summarize why God wants them preached so pointedly according to this Q&A.
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6. Match each commandment with its New Testament affirmation by writing the number of the appropriate commandment in front of each New Testament affirmation. You will need to look up each of the verses.

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|----------------------|-------------------------|
| _____ Ephesians 6:1  | _____ Ephesians 5:24-25 |
| _____ Matthew 5:37   | _____ John 17:3         |
| _____ John 4:24      | _____ Hebrews 10:25     |
| _____ 1 John 3:15    | _____ Ephesians 4:28    |
| _____ 1 Timothy 6:10 | _____ Ephesians 4:25    |

**APPLICATION**

1. Choose one commandment you find hardest. Why is it hard for you? Pray about it every day this week.

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Now go to a parent and ask them which commandment do they think you need to grow in. How did their answer compare to yours? Pray that God would help you in this way too.

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2. Read through Heidelberg Catechism Question and Answer 92 through Question and Answer 115 dealing with the 10 commandments. Pick a question and answer that stood out to you/caught your attention and explain why.

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What did you learn about your thoughts, desires, or attitudes from reading the Catechism?

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3. If you love Jesus, you will want to find ways to put God's commandments into practice. List one practical action for each of the commandments that you can do in your daily life. Pray that God would help you in your efforts to put these into practice. (Think of these things as you list your applications: loving God, worshipping God, respecting God's name, respecting God's day, respecting authority, loving others, practicing purity, respecting other's property, practicing honesty, and being satisfied with what God has given.)

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**COUNSELOR SIGNATURE** \_\_\_\_\_

**DATE** \_\_\_\_\_